

Offer

Coaching and Consulting for Personal Concerns Support from Psychologists during Corona Crisis

The longer we have all been working worldwide under these conditions, which were completely unimaginable until a few weeks ago, the more we are getting routine in it. However, this does not equally mean that this new daily routine is always easy for us.

Some people feel being trapped in the solitude of their homes, because they miss the daily hustle and bustle and meeting people at work.

Others no longer know how to keep the increasingly impatient children in the flat, who lack movement and who have less and less understanding of the fact that Dad and Mom now need calm to work.

And at the same time, there is fear about their existence or worries for their loved ones: the mother in the old people's home, who is now no longer allowed to visit; the partner, who must continue to work in the company despite the danger of infection. Or one's own infection, if one cannot work from home ... many feelings can currently affect our satisfaction and thus our work power and energy.

The topics are as varied as we humans are - however yet so many have similar topics. It's not a shame, nothing to feel blamed!

Communication has rarely been as important in companies as it is now. Feeling seen and heard is more important than ever for employees - a challenge for managers and leaders - and this is where eTalon can help.

We are happy to support you, whether as an independent dialogue partner - even "just" to listen - or as a coach for personal issues. Our expertise as psychologists is at your disposal and we are happy to support you in ensuring that your company is healthy and especially your employees are happy and cared for. Talk to us!

Regular online consultation hours as well as discussions by appointment via 'teams' or 'skype' - are possible. We would be happy to work out the offer that suits you best.